

HEADQUARTERS FOR ICE CREAM
SHERBERTS AND COLD DRINKS

N. Herring Sanitary Fountain

MOST COMPLETE IN TOWN.
"WE SERVE YOU PERFECTLY"

BERNARD ALLSBOOK
FIRE INSURANCE

Scotland Neck, N. C.

THE NEW YORK LIFE INS. CO.
WELDON, N. C.

Clear, Peachy Skin
Awaits Anyone Who
Drinks Hot Water

Says an inside bath, before breakfast
fast helps us look and feel
clean, sweet, fresh.

Sparkling and vivacious—merry, bright, alert—a good, clear skin and a natural, rosy, healthy complexion are assured only by pure blood. If only every man and woman could be induced to adopt the morning inside bath, what a gratifying change would take place. Instead of the thousands of sickly, anaemic-looking men, women and girls, with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere. An inside bath is had by drinking each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening, and freshening the entire alimentary canal before putting more food into the stomach. Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance, awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood while the pores in the thirty feet of bowels do.

SCRAP IRON WANTED

I am in position now to handle all kinds of mixed country scrap and also boilers.
For mixed country scrap I will pay from 40c to 50c per 100 lbs. F. O. B. Scotland Neck.
For boilers the price will be according to size. Write and I will call, or

JOE GREEN
PHONE No. 149 SCOTLAND NECK, N. C.

FOR SALE—About 50 Bbls. of corn
and a quantity of potatoes sprouts.
6-7-17. JON. B. GRAY.

Cut High Cost of Living

Save two-thirds your meat bill. Our
books,
"MEETING THE MEAT MARKET"
Tells you how. Price 10 cents, Postpaid.
R. C. GULLEY & CO.,
121 W. Marshall, Street, Richmond, Va.

DR. D. F. KEEL
(Successor to Dr. A. C. Livermon)
DENTIST
Scotland Neck, N. C.
Office Upstairs in the Whitehead Bldg
Office Hours: 9 to 1 & 2 to 5 O'clock
From 7 to 9 P. M. by Appointment

State of Ohio, City of Toledo,
Lucas County, ss.
Frank J. Cheney makes oath that he
is senior partner of the firm of F. J.
Cheney & Co., doing business in the City
of Toledo, County and State aforesaid,
and that said firm will pay the sum of
ONE HUNDRED DOLLARS for each
and every case of Catarrh that cannot be
cured by the use of HALL'S CATARRH
MEDICINE. FRANK J. CHENEY.
Sworn to before me and subscribed in
my presence, this 6th day of December,
A. D. 1886. A. W. GLEASON,
(Seal) Notary Public.
Hall's Catarrh Medicine is taken internally
and acts through the Blood on the
Mucous Surfaces of the System. Send
for testimonials, free.
F. J. CHENEY & CO., Toledo, O.
Sold by all druggists, 75c.
Hall's Family Pills for constipation.

WHEN YOU MOTOR
MOTOR RIGHT

HENCE AN OVERLAND
OR WILLYS-KNIGHT

G. C. WEEKS.

Chamberlain's Colic and Diarrhoea
Remedy.

Now is the time to buy a bottle of
this remedy so as to be prepared in
case that any one of your family
should have an attack of colic or di-
arrhoea during the summer months.
It is worth a hundred times its cost
when needed.

Life Was a Misery

Mrs. F. M. Jones, of
Palmer, Okla., writes:
"From the time I en-
tered into womanhood
... I looked with dread
from one month to the
next. I suffered with my
back and bearing-down
pain, until life to me was
a misery. I would think
I could not endure the
pain any longer, and I
gradually got worse. . .
Nothing seemed to help
me until, one day, . . .
I decided to

TAKE

CARDUI

The Woman's Tonic

"I took four bottles,"
Mrs. Jones goes on to
say, "and was not only
greatly relieved, but can
truthfully say that I have
not a pain. . .

"It has now been two
years since I took Cardui,
and I am still in good
health. . . I would ad-
vise any woman or girl
troubled from any female
trouble."

If you suffer pain caused
from womanly trouble, or
if you feel the need of a
good strengthening tonic
to build up your run-down
system, take the advice
of Mrs. Jones. Try Car-
dui. It helped her. We
believe it will help you.

All Druggists

L. 68

Classified Ads

MODEL BARBER SHOP

J. D. Smith, Prop.

Skilled Barbers, Sanitary
Methods, Sharp Steel, Best
Service
Electrical Shampoo and
Massage Machines. . .

Cause of Despondency.

Despondency is often caused by in-
digestion and constipation, and quick-
ly disappears when Chamberlain's
Tablets are taken. These tablets
strengthen the digestion and move
the bowels.

GOOD THINGS TO EAT

When you in need of some-
thing good to eat, call 149
and you will find something
you all like at the

NEW YORK CAFE

Our cooking unexcelled, our
prices reasonable, polite at-
tention to all. Tea and
Cream of the best kind. All
of Soda Water Drink. If you
don't see what you want
in our Menu, Call for it.

We can save you trouble
and Expense

BILL COTTAS
PROPRIETOR

EAST CAROLINA TEACHERS TRAINING SCHOOL

A State School to train teachers for the public schools of
North Carolina. Every energy is directed to this one pur-
pose. Tuition free to all who agree to teach. School term
begins September 26, 1917.

For catalogue and other information address,
ROBERT H. WRIGHT, President, GREENVILLE, N. C.

BIG CROP YIELD

Mr. Farmer, is that the condition of your farm? If so, do
not become so absorbed in harvesting and marketing as to
forget the most important thing of all—the disposal of the
proceeds.

Have you started a savings account? If not, now is the
very time to open one. As you bring your produce to mar-
ket, just step around and deposit the proceeds of each load in
this bank. It will be as safe as if in the U. S. Treasury, and
it will

WORK WHILE YOU SLEEP.

Because we pay 4 per cent interest on deposits.

Scotland Neck Bank

J. H. Alexander, Jr., Cashier Hugh Johnson, Asst. C's'r.

Scuppernong Grapes

WILL BE WANTED

In Large Quantities AT GOOD PRICES

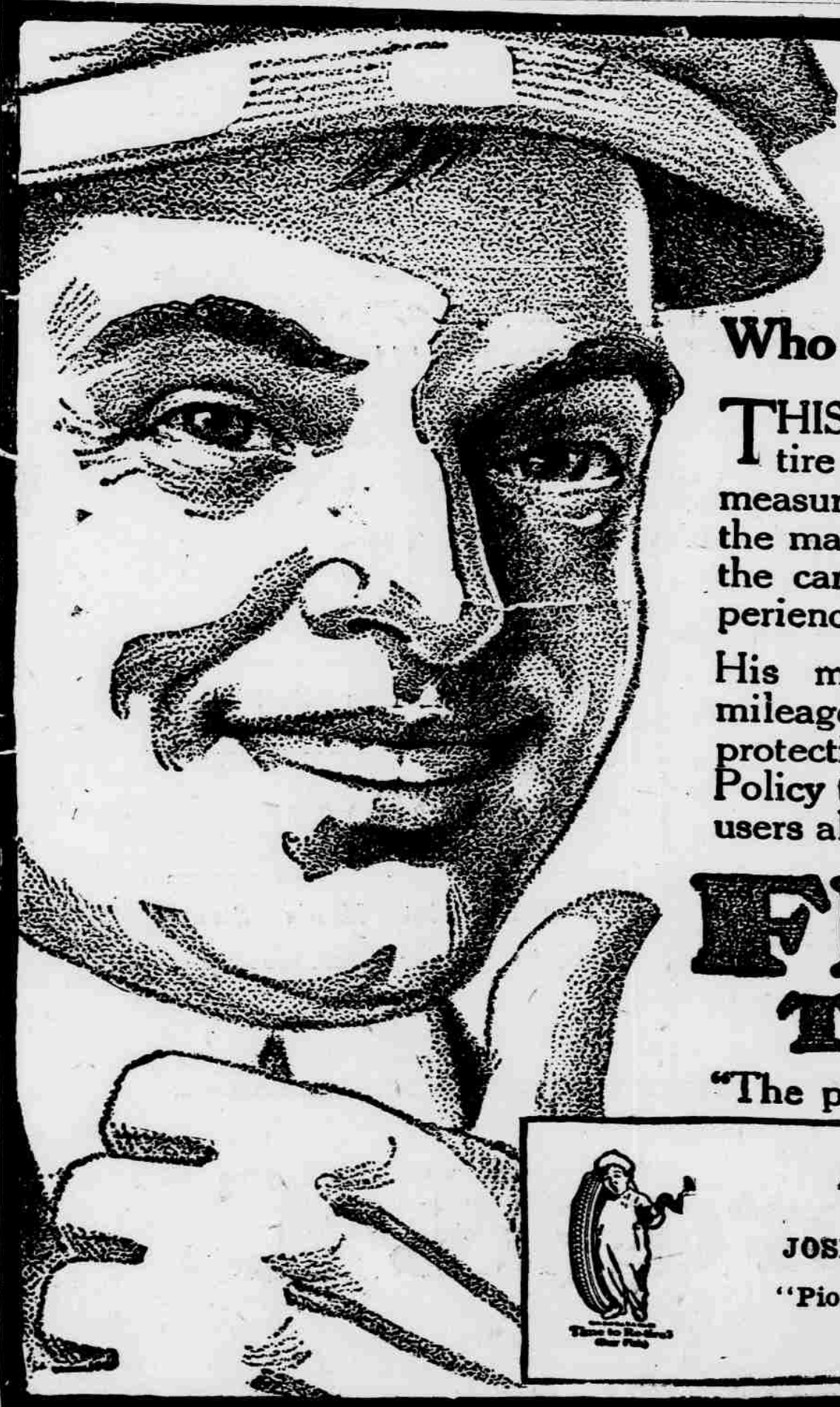
KEEP YOUR VINEYARDS UP. PLAN FOR A BIG CROP. WE
WILL NEED CHOICE SCUPPERNONG GRAPES IN LARGER
QUANTITIES THAN EVER. OUR REMOVAL FROM NOR-
FOLK TO NEW YORK CITY WILL IN NO WAY INTERFERE
WITH OUR NEED FOR GRAPES AND WE WILL PRESS THE
JUICE IN NORTH CAROLINA AS USUAL AND SHIP TO
NEW YORK CITY.

Garrett & Company

(INCORPORATED)

NORFOLK,

VIRGINIA



"When you pay more than
Fisk prices, you pay for some-
thing that does not exist."

Who Wouldn't Smile!

THIS man has learned that
tire satisfaction is to be
measured by the extent of
the manufacturer's interest in
the car owner's personal ex-
perience.

His money buys unusual
mileage and real non-skid
protection plus the basic Fisk
Policy to see that dealers and
users alike get full value from

**FISK
TIRES**

"The price is right and fair"



Fisk Tires For Sale By

JOSEY HARDWARE CO.,

"Pioneer Hardware Dealers."